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Component Districts  
Brighton  
East Irondequoit  
East Rochester  
Fairport  
Honeoye Falls-Lima  
Penfield  
Pittsford  
Rush-Henrietta  
Webster  
West Irondequoit

All workshops sponsored by the Office of School Improvement, unless otherwise noted, are aidable under the School Improvement and/or Staff Development CoSers.

All workshop sites meet handicapped accessibility. Special accommodations will be provided as requested on the registration form.

To contact us call:  
585.249.7024  
585.249.7026

The Office of School Improvement presents:

# Cognitive Coaching

March 9-10, March 25-26, August 5-6 and August 11-12, 2010

Are you looking to build your toolbox of effective communication strategies? Do you wish to deepen your ability to support the thinking of others? Cognitive Coaching(SM) is a research-based, highly interactive professional development based on the work of Art Costa and Robert Garmson. The sound instructional format provides for participant interaction, modeling and guided practice, with follow-up practice, training and networking for those who complete the training.

Participants will:

- Learn powerful coaching maps and tools which enable them to mediate resourceful states of mind;
- Understand the five "States of Mind" and be able to use his/her inner resources more effectively;
- Build trust by developing physical and verbal rapport;
- Facilitate thinking through questioning and developing greater precision in language;
- Develop a sense of autonomy and sense of community by increasing their sense of efficacy and self-awareness;
- Distinguish between coaching and evaluation;
- Practice coaching interactions that are congruent with a variety of styles;
- Apply coaching skills which enhance the intellectual processes of performance;

**Time:** 8:00-8:30 A.M. Registration and Continental Breakfast, 8:30-3:30 P.M. Presentation

**Presenters:** Michael Dolce: Cognitive Coach Training Associate  
Assistant Trainers: Lisa Delisanti, Eileen Naegler, Katie Sansone

**Location:** East Irondequoit District Office PD Room

**Fee:** \$2,645.00 - Monroe #1 BOCES Staff and Component District Participants  
\$2,780.00 - Non-Component District Participants

**Monroe #1 BOCES will bill the fee of this workshop in two equal billings: 2009-2010 and 2010-2011 fiscal years**

**Professional Development Credit Hours: 48 (6 hrs. per day, one hour lunch on your own)**

**Audience:** Teachers Pre K-12, Administrators, Teacher Leaders, Mentors, Peer Coaches, Facilitators, Team Members, Academic Coaches, CSE Chairs

**Questions? Please call 585-249-7024**

**Registration Deadline: February 23, 2010**

**Mail or FAX (585.218.6267) your Registration form for the (Cognitive Coaching; 3/9-10,3/25-26,8/5-6,8/11-12/2010) to The Office of School Improvement, Linden Park Training Center: 15 Linden Park, Rochester NY 14625**

Name \_\_\_\_\_ email \_\_\_\_\_


Title/Position (check only one)  Special Ed Teacher  Regular Ed Teacher  Support Staff  
 Administration  Parent  Agency/College Staff  Community Member/Student

Home Address \_\_\_\_\_

In the event of any change or cancellation please provide the following:

Phone (home) \_\_\_\_\_ (work) \_\_\_\_\_ Grade Level \_\_\_\_\_

District/BOCES \_\_\_\_\_ School/BOCES Program \_\_\_\_\_

**Supervisor's Signature**  \_\_\_\_\_

Monroe # 1 BOCES employees only - Account Code \_\_\_\_\_

**Special Needs:** Vegetarian  Interpreter  Other: \_\_\_\_\_

**Supervisor's Signature or Payment must accompany your registration form.  
\*\*If you are paying by check, please make the check payable to: Monroe #1 BOCES\*\***

Visit Professional Development offerings online [www.monroe.edu/pd](http://www.monroe.edu/pd)